

School Readiness Goals

School readiness means children are ready for school, families are ready to support their children's learning, and schools are ready for children.



Approaches to Learning

Creativity & Independence

Show interest in variety of experiences

Explore surroundings, people, toys, & objects

Express their imagination

Make choices for themselves

Ask questions & solve problems

Learn self-help skills; pick up toys, put on coat, wash own hands, etc.

Engage in cooperative activities & relationships

Show initiative, curiosity, attentiveness, & persistence in play



Social & Emotional Development

Confidence & Emotional Regulation

Build secure relationships with parents & caregivers

Express age-appropriate emotions, wants, & needs

Engage in cooperative activities & relationships

Build friendships & healthy relationships with others

Increase confidence as skills for regulation increase



Language & Literacy

Communication & Written Words

Learn about language & communication through conversations, songs, books, & nursery rhymes

Learn about reading & writing

See language throughout learning environments

Understand print & drawings have meaning

Each family's culture & language will be respected



Perceptual, Motor, & Physical Development

Health & Physical Well-being

Learn how to make healthy choices

30-60 minutes of physical activity

Try new foods through cooking experiences & mealtimes

Keep up to date on well-check, dental exams, immunizations, hemoglobin, & lead tests

Learn how to be safe at home, at school, & in the community

Learn self-help skills; brushing teeth, washing hands, using the restroom, etc.



Cognition

Math, Science, & Problem-solving Skills

Use the 5 senses to explore & notice the environment around them

Learn counting, sorting, comparing, & patterns

Learn roles within classrooms & communities

Draw and predict conclusions about the world

Think creatively & try new ideas

Be flexible in learning & solving problems

